the enneagram

WHAT DRIVES EACH TYPE?

9

Core Motivation: Strives for inner and outer harmony.
Strengths: Easygoing, accepting, mediatory.
Challenges: Conflict avoidance, procrastination, self-forgetting.

8

Core Motivation: Desires control, strength, and independence.
Strengths: Assertive, protective, decisive.
Challenges: Confrontational, intense, struggles with vulnerability.

7

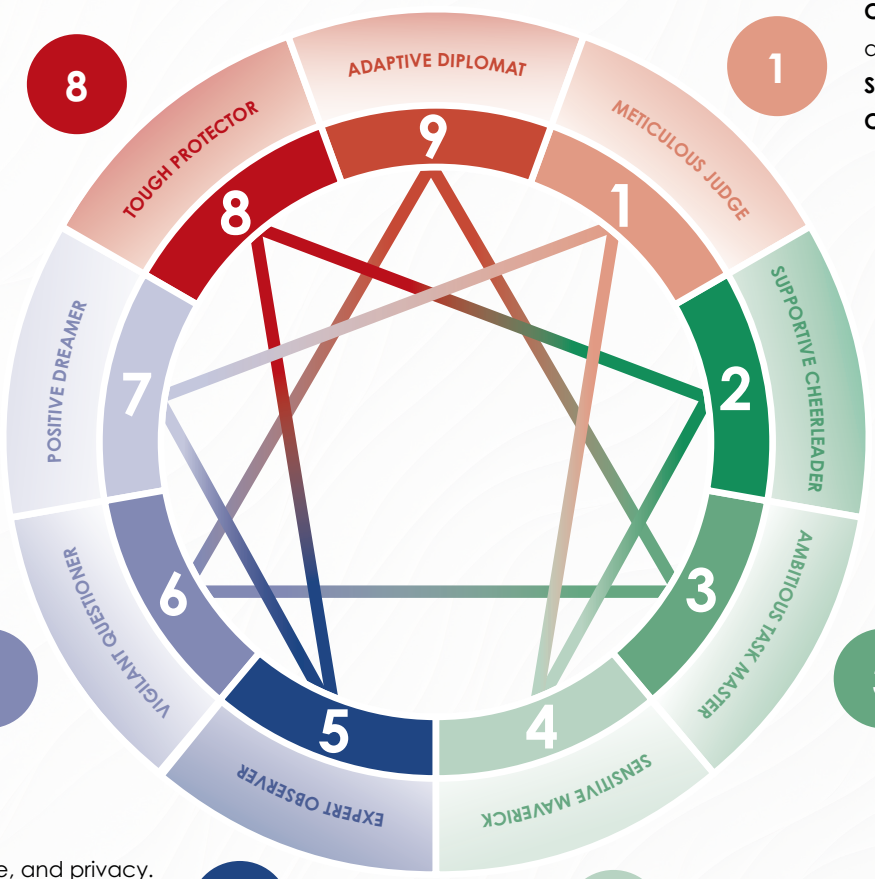
Core Motivation: Avoids pain by seeking excitement and possibility.
Strengths: Enthusiastic, spontaneous, optimistic.
Challenges: Impulsiveness, distraction, difficulty with commitment.

6

Core Motivation: Seeks security and certainty.
Strengths: Loyal, strategic, problem-solving.
Challenges: Anxiety, over-cautiousness, skepticism.

5

Core Motivation: Seeks knowledge, independence, and privacy.
Strengths: Analytical, insightful, self-sufficient.
Challenges: Social withdrawal, emotional detachment, overthinking.



1

Core Motivation: Strives for integrity, responsibility, and perfection.
Strengths: Ethical, disciplined, detail-oriented.
Challenges: Perfectionism, self-criticism, rigidity.

2

Core Motivation: Seeks love and connection by being helpful.
Strengths: Warm, caring, generous.
Challenges: Over-giving, neglecting own needs, people-pleasing.

3

Core Motivation: Driven by success, achievement, and recognition.
Strengths: Hardworking, adaptable, goal-oriented.
Challenges: Workaholism, image-consciousness, emotional detachment.

4

Core Motivation: Desires authenticity and meaning.
Strengths: Creative, introspective, emotionally attuned.
Challenges: Moodiness, self-doubt, feeling misunderstood.

Want to explore your Enneagram type? | Contact Us hello@aephoriagroup.com

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